

# REMOVING BARRIERS



**JOAN HUNG**

**NATIONAL GOALBALL ATHLETE  
WORKSHOP LEADER | SPEAKER**



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## DESCRIPTION

### REMOVING BARRIERS

Is disability a result of one's condition, or the result of the physical and social environment?

An inclusive society is one that integrates people with different physical and mental abilities into the mainstream. Barriers are removed so that society becomes more accessible for the minority, underserved groups

However, barriers to accessibility often emerge from inaccurate assumptions and even sympathy. In this talk, Joan shares more about what inclusion is and how you can play a part in creating a more inclusive society.

## ABOUT JOAN

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Joan is one of the recipients of the Goh Chok Tong Enable Awards 2021 (UBS Promise).

Both Joan's parents are blind.

Joan was the first Para athlete to lead the athlete's pledge for the SEA Games and ASEAN Para Games contingent.

She was also the first visually-impaired host for the Inclusive Sports Conference 2020.

She has led several varsity dialogue sessions, discussing issues centred around Inclusion & Resilience. Yale-NUS College & Singapore Institute of Technology being most recent.

Joan's team won the Team of the Year (Resilience) at the 2021 Disability Sports Award.

Joan works closely with at-risk youths, as a facilitator for a Resilience program, Control Your Controllables.

She teaches Goalball to visually-impaired students at Lighthouse School.